



# JANUARY | 2019

## Sturgeon Bay School District Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>31</b> <b>No school</b>	<b>1</b> <b>No school</b>	<b>2</b> Chicken nuggets Slice of bread Green beans Fruit slushy cup Fresh fruit	<b>3</b> Penne pasta Meatballs & marinara Garlic bread Mixed salad greens Fresh fruit	<b>4</b> Mini corn dogs Crackers Berry cup Yogurt cup Raw veggies & ranch Fresh fruit
<b>7</b> Pizza dippers Marinara sauce for dipping Steamed corn Apple juice Fresh fruit	<b>8</b> Cheese quesadilla Refried beans Lettuce, tomatoes, salsa Sour cream, black olives Fresh fruit	<b>9</b> Egg omelet Tri tater potato Donut holes Cold cereal Mango Wango (veg) juice Fresh fruit	<b>10</b> Teriyaki Chicken Rice Steamed broccoli Chow Mein noodles Fortune cookie Pineapple Fresh fruit	<b>11</b> Hamburger or cheeseburger Pickle slices Sweet potato fries <b>Brussels sprouts (Healthy Door County 2020 menu item for the month – try at home as well!)</b> Fresh fruit
<b>14</b> Wild Mike's pizza slice Mixed salad greens Baby carrots Fresh fruit	<b>15</b> Tacos Soft shells Hard shells (grade 3-12) Taco meat (pork) Shredded cheese Lettuce, tomatoes, salsa Sour cream, black olives Fresh fruit	<b>16</b> Meatball marinara sub Bag of chips Raw veggies & ranch Fresh fruit	<b>17</b> Sliced thin pork in gravy Mashed potatoes Dinner roll Diced carrots & peas Hershey kiss Fresh fruit	<b>18</b> SBS ½ day – no lunch ----- <b>St. John Bosco:</b> Spaghetti Casserole French loaf (choice of white or gluten free) Raw veggies Wango mango (veg) juice & Fruit
<b>21</b> Tony's pizza slice Mixed salad greens Baby carrots Fresh fruit	<b>22</b> Nachos Beef taco meat Refried beans Cheese: shredded & sauce Lettuce, tomatoes, salsa Sour cream, black olives Fresh fruit	<b>23</b> French toast sticks Sweet bell pepper slices Cheese stick Dragon (veg) punch Applesauce & strawberries <i>Whipping cream or 100% pure maple syrup from Jorns Sugar Bush in Egg Harbor, WI</i>	<b>24</b> Chili <b>featuring Waseda Farms Organic Beef</b> Shredded cheese Penne pasta Steamed corn Fresh fruit	<b>25</b> BBQ pork on a bun Curly fries Coleslaw Raw carrots Fresh fruit
<b>28</b> Portesi Pizza Fries Marinara sauce for dipping Steamed broccoli Fresh fruit	<b>29</b> Walking taco: Taco meat (pork) Fritos Cheese: shredded & sauce Lettuce, tomatoes, salsa Sour cream, black olives Fresh fruit	<b>30</b> Turkey & gravy Dinner roll Mashed potatoes Carrots & peas Cranberries Fresh fruit	<b>31</b> Grilled chicken parmesan Spaghetti Garlic toast Shredded cheese Marinara sauce Mixed salad greens Fresh fruit ----- Middle & High School: Salad Bar	<b>1</b> February 1, 2018 Chicken patty on a bun Baked beans Steamed broccoli Fresh fruit

### Family news

Every grain served is a whole grain (one exception are fresh loaves on 1/18/18). White milk is the promoted milk in school meals. Suggestions and comments welcome!  
[jspude@sturbay.k12.wi.us](mailto:jspude@sturbay.k12.wi.us)  
 Sturgeon Bay Schools is an equal opportunity provider.