

Sunset Elementary BREAKFAST MENU January 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Jan 1	Jan 2	Jan 3	Jan 4	Jan 5
NO SCHOOL	Animal crackers Yogurt – peach* Dried cranberries*	Rice Krispies Cereal* Banana* String cheese	Bagel* Cream cheese or nut/soy butter* Dried cranberries Grapes*	Honey Maid Little Grahams Clementine* Yogurt – blueberry*
Jan 8	Jan 9	Jan 10	Jan 11	Jan 12
Pretzel Goldfish* Nut/soy butter Apple* (tiny!)	Homemade blueberry muffin* Applesauce Orange juice*	Bug bites Grapes* Yogurt – peach*	Kix* Banana* String cheese	Strawberry breakfast bar Yogurt - blueberry Dried cranberries <i>No Head Start</i>
Jan 15	Jan 16	Jan 17	Jan 18	Jan 19
Annie's Bunny Grahams String cheese Applesauce	Cheddar Goldfish* Apple* (tiny!) Orange juice	Bagel* Cream cheese or nut/soy butter* Dried cranberries Grapes*	Corn flakes* Yogurt–strawberry/banana Banana*	Lemon blueberry bites Strawberries* Yogurt – peach* <i>Kindergarten has no lunch & no afternoon school but eats breakfast</i>
Jan 22	Jan 23	Jan 24	Jan 25	Jan 26
Cinnamon graham bits Yogurt – blueberry Blueberries	Homemade pumpkin muffin* Applesauce Orange juice*	Cheez-Its* Clementine* Colby cheese stick	Cheerios* Banana* String cheese	Pretzels* Nut/soy butter Apple* (tiny!)
Jan 29	Jan 30	Jan 31		
Elf grahams Banana Banana dippers: Sunflower seeds/mini chocolate chips in a cup	Cheez-Its* Applesauce* Colby cheese stick	Bagel* Cream cheese or nut/soy butter* Raisins* Grapes		
				<i>* =Head Start breakfast</i>

Additional fruit servings are encouraged. White milk (skim or 1%) is included with each breakfast. Every grain offered is a whole grain. This institution is an equal opportunity provider. Questions, comments or suggestions? Jenny Spude, RDN, CD, Sturgeon Bay School District Food Service Director 920.746.3877 or jspude@sturbay.k12.wi.us